

Your local association — Run by patients for the benefit of patients

A MEMBER OF THE NATIONAL KIDNEY FEDERATION

Rare Bird Raises Funds



Dr Meryl Griffiths had the good fortune to find a dipper in her garden. Although not rare in other parts of the country this little bird has only been recorded twice before in Cambridgeshire. The Royal Society for Protection of Birds was very excited about his appearance and arranged for groups of bird watchers to come and see him. The RSPB practice is to ask for a donation to a nominated charity in return for

coming into someone's garden and Dr Griffiths nominated AKPA.

She had visits from groups of Cambridgeshire members of the Royal Society for the Protection of Birds and each time the little bird turned up on cue. As a result she collected a total of £195 for the AKPA.

Our thanks to Dr Griffiths and her Dipper.

www.akpa.org.uk

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The staff of Pearce's Farm Shop and Café in Buntingford gave a special collection for AKPA by emptying their pockets of loose change into the two black buckets. The collection totalled £219.

During the festive season the shop also sold AKPA Christmas Cards. (See page 6.)

Our thanks for all their wonderful support. <http://pearcesfarmshop.com/contact/>

World Kidney Day in Cambridge

Janet Man and Ralph Slattery from AKPA, and Liz Ulas who volunteers for Kidney Research UK manned a stall at the St Andrews St. entrance to John Lewis on Wednesday 9th March (World Kidney Day). They gave out leaflets on 'How to look after your kidneys' and Donor Forms to passers by.

Dates for 2017

Thurs. 9th March, 29th June, 24th August, 5th October, 14th December – AKPA Bric-a-Brac Stalls, Outpatients Entrance Hall

Sun. 7th May, 2.00 pm – 2017 Transplant Memorial Service, Ely Cathedral, Ely (see p6)

Sat. 15th July – AKPA Great Grafham Event, Grafham Water Visitor Centre (see p5)

Sat. Dec. 2nd, 3.00pm – AKPA & NKF Carol Service, Great St Mary's, Cambridge

A Time for Celebration – the AKPA Carol Service

The AKPA Christmas carol service for patients and staff, and their friends and families, was held at Great St Mary's on December 4th in the centre of a bustling Cambridge. It was a very special affair. I was very touched by the service, which was not only an opportunity for great reflection but also a time for happiness and celebration.

I sat alongside a dear friend whom I had met at the dialysis unit, who was there together with his granddaughter and his great grandson Joshua, still a baby. During every hymn I would lean towards him and sing the descant and he the melody. We tried to sing quietly, secretly almost, so as not to bring attention to ourselves. I did wonder whether perhaps we were having too much fun!

It was wonderful to see a gathering which varied in age from the very young to the very 'wise'. Little Joshua enjoyed

the singing and seemed entranced by the choir, the St Augustine Singers, as they sang Christmas Bells by Philip Mead, which was especially beautiful.

After readings by Nova, Mike More, Sandy Lyons and, of course, our very own Peter Constable, it was time for the much awaited address by Dr Rowan Williams, the former Archbishop of Canterbury. He spoke of waiting and the pain of waiting. He quoted from a 19th century writer, who spoke of "the spirit being woven into the body". His slow, steady and thoughtful words, painful for me to hear because they summed up feelings buried deep inside, brought tears to my eyes. This does not happen very often, but as he spoke of waiting; for changes in your condition – a transplant maybe – or simply for something to happen, my thoughts turned to all those who cannot have transplants and to those who simply wait for a change, any change, whilst trying to keep jolly and

accept all that was asked of them, yes... I was moved to tears.

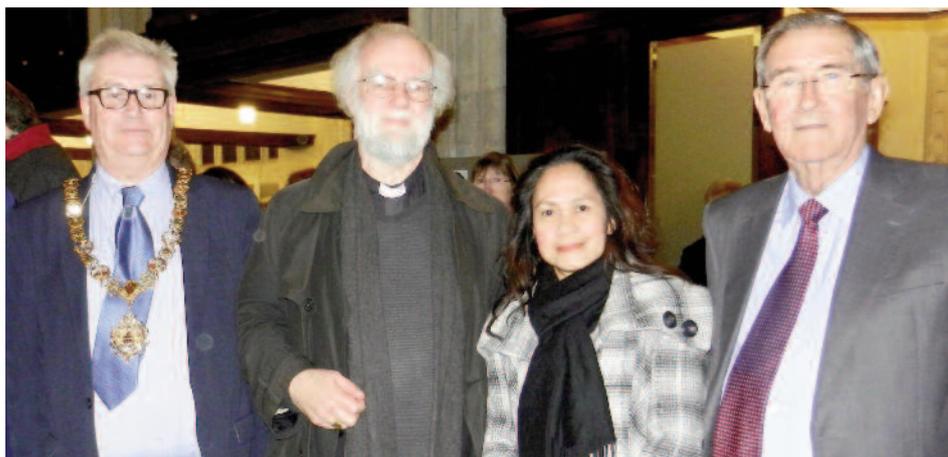
“Dr Williams appeared to speak from experience and without notes.”

He spoke of how loved ones have to accept a life of caring for and loving a patient who was, at times, needy, when it was not a life that they would have chosen. These words literally made my heart ache. He moved on to talk movingly about the ways in which relatives and friends provide support, even just with a smile or a look. I thought of all the doctors, nurses and patients who laugh, listen and care. I hoped I could do more to care for my fellow patients and of course, my husband.

Dr Williams appeared to speak from experience and without notes (I know this because I asked him!). He summed up how I and how many must feel to the core.

How grateful I was afterwards for a glass of very tasty Merlot, not to mention other potassium soaked devils like Christmas cake and mince pies. The thought that these might put me into a catatonic state quickly faded as I realised there were enough trained staff to take care of me! I delighted in sharing a few words with my nurses and their families. Once again I was reminded that for many of those who look after us, theirs is not simply a job but a calling – and for this I felt extremely lucky.

Suzi Turton



From left to right, The Mayor of Cambridge Councillor Jeremy Benstead, Dr Rowan Williams, Senior Clinical Nurse Nova Quian, AKPA Chairman Peter Constable

Patient View – Technical Problems Persist

Patient View is a national database of kidney patient medical records which most renal units in the UK have subscribed to for some years. It allows kidney patients to access their blood test results quickly and easily very soon after having tests. It also allows patients to share their results and other medical records with their GPs and with other doctors when they are on holiday or working away from home.

A group of five kidney patients has been helping to trial Patient View at Addenbrooke's, but a succession of

computer problems has prevented their data from being uploaded to Patient View on a continuous basis. When it is working, the group enjoys seeing their test results appear quickly and they are enthusiastically looking forward to the time when other kidney patients at Addenbrooke's can benefit. However, until the technical problems are ironed out, and data upload becomes quick and consistent, the system is not yet ready to roll out to all kidney patients.

Dr Afzal Chaudhry, Nephrologist and IT Lead for Addenbrooke's, says, "We are

undertaking a lot of work internally to re-adjust the flow of data to the Renal Registry and Patient View. There is still a reasonable amount to do and we are still formulating the fine detail on some of this." Dr Chaudhry is not able to give a timeline on this work or the eventual roll-out, but he remains very positive and confident that the problems will be overcome.

For readers interested to know how Patient View works, please go to <https://www.patientview.org>.

Alan Craig

Dialysis at Sea

We have been on two dialysis cruises, both sailing from Southampton. The cruises are organized by a company called Dialysis at Sea (aka Cruise Dialysis). It's an American firm with an office in this country. The director is a lovely lady called Lisa Parnell who arranges everything for the patient and is willing to answer any question whether silly or serious – no problem too big or small.



When you board the ship you are invited to attend a meeting where you meet the doctor and

nursing staff who show you around the dialysis unit and answer any questions and put you at ease. Like all dialysis units you then become a little family for the duration.

The bad side is you have to pay top notch, no discounts-like 'buy one get one at half price' etc. Being an American company the cost of the cruise is paid in dollars and with today's exchange rates it becomes quite expensive. Last year we paid our deposit, and when we went to pay the balance, the price had shot up several

hundred pounds (due to the weak pound after the Brexit vote). So you have to be aware of all the pitfalls. You also have to pay for the dialysis up front then claim back what you can after the cruise.

You also have to be aware of the timing of your dialysis and this can coincide with the shore excursions. When we went on an 11 day cruise the sessions were the same as they are home with two days off in seven. On a 14 day cruise the dialysis took place every other day. The reason being that many people will over indulge. My husband was given a slot at 10.30 am – rather bad timing and I spent a lot of the shore excursions either by myself or with one of the other wives. The dialysis slots are on a first come first served basis so the earlier you book, the better the chance of choosing a good time.

Well, that's the good and the bad. All in all it's a lovely way to travel and see places that the illness has prevented you seeing. It gives you freedom.

Sue

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*Sue and her husband travelled with **Cruise Dialysis**, a company who offer a range of cruises with haemodialysis*



plus experienced dialysis team and nephrologist onboard. There are several ships and destinations to choose from. Some cruises depart from Southampton.

The company also offer to take care of your cruise and dialysis arrangements including booking flights and transfers if required. They offer a wide experience of cruising and are ready to answer any questions.

If the majority of the ports of call visited on your cruise are within the European Economic Area, NHS England will reimburse part of the cost of your dialysis. Please check the exact amount of reimbursement with your Holiday Dialysis Co-ordinator or Named Nurse.

For further information visit www.cruisedialysis.co.uk or alternatively call Lisa on 0844 995 1214 to request a brochure.

Voluntary Work at Cambridge Dialysis Centre

Maureen Mackie is a very special lady indeed. She volunteered her time, through Addenbrooke's voluntary Service Unit to work at the Haemodialysis Unit in Ditton Walk. Every Wednesday, from 9.45am through to lunchtime Maureen gives her free time to the patients facing long hours dialysing.

For most patients the tea trolley is an extremely welcome sight. Maureen, together with the nurses, ensures all patients have a cup of tea and a packet of biscuits to keep them going. What brings the widest smiles to the faces of patients is when Maureen takes time to have a chat with them. Dialysis can be tiring, not to mention rather dull and it

is too much to ask our wonderful nurses to stop and chat, although they do...often.

Volunteers can make all the difference to the lives of patients.

Asked what she most enjoys about her voluntary work at the dialysis unit, Maureen smiles and says, "I really enjoy meeting the people and hearing all about their lives". Maureen has no idea how her generosity of heart makes time at dialysis a little more bearable for many. We are extremely grateful to her.

If you, or anyone you know would like to volunteer a few hours of their time at the dialysis centre, please contact Addenbrooke's VSU.



Maureen Mackie

Phone: **01223 586 616**.
Email: volunteer@addenbrookes.nhs.uk.

Suzi Turton

New Fundraising Ideas from a New Fundraiser

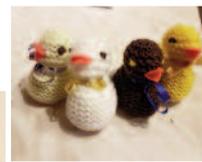
Having fundraised for many years for Motor Neurone disease locally due to a family connection, Andrew Norton and his wife Chris have extended their assistance to AKPA since Andrew became a dialysis patient last October. Chris is excellent at any craft from card-making through knitting to needlework and Andrew is a keen amateur photographer specialising in wildlife so the two of them have been card-making for quite a few years. Their high-quality cards, blank inside and with varied subjects from lions to aeroplanes are available in the CDC reception and have proved very popular. So keep an eye out for those on the counter for any occasion – and they are only 50p each!

At Christmas Chris made a large number of knitted items – especially popular were the miniature Xmas puddings with a Ferrero Rocher inside, little robin for the tree. Plus a collection of Christmas stockings in a range of colours and designs with small chocolates inside, and some Santa hats too. There were also some wooden tree ornaments to complete the range. All of these disappeared like hot cakes and made a nice additional income for AKPA.

Not resting on their laurels and with Easter coming up, Andrew has



produced some Easter cards with daffodils, lambs and Easter bouquets still at the same price of 50p each. And Chris has made some Easter chicks with Crème Eggs inside and some very special wooden rabbits pushing a barrow with a Crème egg inside. Orders for these can be placed at CDC reception and the cost is £2 each.



Haig Court Bring and Buy

Residents at Haig Court Chesterton once again supported AKPA with their annual Bring and Buy sale. The sale raised a magnificent £252 for AKPA. Our thanks to the residents for their generosity and to House Manager Adrian Livermore for organising the sale and again supporting AKPA.

Mill Road Winter Fair

Mr and Mrs Raj Gharu once again supported AKPA at their Cambridge Newsagents, Lallys News during the annual Mill Road Winter Fair.

The Gharus sold delicious Indian snacks from a stall in front of their shop and generously donated all the proceeds, which totalled £1,000 to AKPA.

Our thanks to Mr and Mrs Gharu for all their hard work and for the stream of very well filled collecting tins they regularly send to us.



Raj serving the food

Yvette and her Friends Support AKPA

In October last year, Yvette Aris and her friends held an event called “Women in our Lives”, which raised money for AKPA and the Keech Hospice. It was a great success raising just over £640 for AKPA.

Yvette told us about the event, saying, “The idea began between me and my longstanding friend of 30 years. She had attended some sad events and we were discussing how it seems as if the only time old friends see one another is when there is a loss or other sad event.

We decided to hold an event for all of the ladies in our lives that over the years have meant something to us in one way or another, this could be family members, work colleagues, old and new

friends. Celebrating how women support each other and lasting friendships.

When we sat down to discuss the event we decided that we could use the opportunity to raise some money for charities that mean something to us. I wanted to give something back to Addenbrooke’s due to having a renal transplant in 2003.

Although I have been thankful for this lifesaving surgery, I have never been able to do anything like this. The transplant gave not only me my life back, but my husband kept his wife, my son, his mother and I now have a granddaughter who I would never have met. I remained in my chosen career as a nurse.

The night was booked and we had a DJ and singer. We organised a raffle and people were so generous in their donations of prizes. We had champagne cream tea at Mayfair Hotel and various vouchers for hairdressing, meals and bowling.”

Our thanks to Yvette and all her wonderful friends.



Yvette Aris (right) and her friends

The Great Grafham Event

15th July 2017

Location: Grafham Water Visitor Centre, Marlow Car Park,
Grafham, Huntingdon PE28 0BH

The '**FULL CIRCLE**' or the '**DAM STROLL**'

Get out those walking boots or cycling gear – dogs, children and people in wheelchairs can all participate in the event we are planning to hold on 15th July at Grafham Water.

Whilst the main purpose is a walk we want to be very inclusive and so if you want to cycle – no problem, as long as we all start at the same time. The Dam Stroll is completely wheelchair friendly and you can go as far as you like and return – if you go all the way to the other car park and back it is two miles. Perfect for a nice fresh walk with the kids, the dog and you can still help us to raise funds for AKPA.

If everyone could get a few sponsors it would soon raise significant funds. This can be as tough or as easy as you like! Sponsor forms can be provided prior to the event or you can make your own fundraising page at www.justgiving.com – just look for AKPA in the list of charities.

The money we raise helps people living with kidney disease by providing extra equipment beyond that available within the NHS, counselling, therapy sessions, contributions to holidays, help and advice and many other things.

We will be running two events, starting and finishing at the **Visitor Centre** in the Marlow Car Park.

The **Full Circle** – a 9 miles walk/cycle around the reservoir on hard tracks.
Start: 10am.

The **Dam Stroll** – a 2-mile level walk/cycle on hard surfaces across the dam and back with lovely views across the water. Suitable for pushchairs, wheelchairs, kids and dogs!
Start: 10.30am.

Entry fee: £5 each, children under 12 free. **Each entry receives two tickets for drinks at the café and a bottle of water for the walk/cycle.**

If cycling, PLEASE make sure you wear a helmet.

Where the Money Goes

Over the last year AKPA has continued providing welfare support for sick and needy patients and their families. We also provided food, gifts, Christmas trees and decorations for unit patients dialysing over the Christmas holidays.

We also funded exercise machines and physiotherapists for our major project, the Dialysis Exercise programme which is currently on hold but will hopefully restart shortly.

The Association sponsored patients to attend the NKF conference, and in order to publicise organ transplantation, we supported the National Transplant Games. In conjunction with ALTA (Addenbrooke's Liver Transplant Association) we continued funding therapeutic massage for patients in the

transplant wards. We also funded wristbands for dialysis patients.

Following the dialysis centre's move last year we funded a water boiler, and benches and planters for the front of the building. Also, food and entertainment for a celebration of the first year at the new unit.



AKPA Christmas Cards

Sales of AKPA Christmas cards were again very successful, raising a total of £3,938. Our thanks to Carol Slattery for all her hard work organising and distributing cards. And thank you to everyone who brought our cards.

Pearce's Farm Shop in Buntingford sold a record amount of cards raising an amazing £1,165. Our thanks to all at Pearce's Farm shop for another brilliant contribution.

AKPA cards sold well in Clinic 12, Dialysis Centre and satellite units. Card sales in Clinic 12 reached £626 – a record amount. Thanks to all who bought and sold cards in those venues.

Cambridge Cards for Good Causes shop also sold our cards. Our thanks to Janet Man for all her hard work as AKPA volunteer in their Cambridge Card shop.

Barbara's Tins

Fulbourn Co-op continue to regularly raise money for AKPA in collecting tins placed there by Barbara Vining. Our thanks the Co-op for their support and to Barbara for all her fundraising.

Bric-a-Brac Stalls

During the autumn and winter Sue Oates and Monica Taylor's Bric a brac stalls in the Outpatient's Hall raised a total of £1,038 for AKPA. As well as a large range of donated items they also sold greetings cards in the run up to Christmas.

Sue and Monica are planning to hold other stalls in the same venue on March 9th, June 29th, August 24th, October 5th and December 14th. They would welcome donations of good quality bric a brac, which can be left in the Dialysis Centre – please make sure they are clearly labelled.

Our thanks to Sue and Monica and everyone who donated items.

Polycystic Kidneys – a Family History

David Ausberger recently raised an amazing £450 for AKPA with his work tuck box scheme, which he started after receiving a kidney transplant at Addenbrooke's. He wrote to *Newsflash* with the story of the inherited kidney disease that runs through at least three generations of his family.

David said, "My granddad was the first in our family we know about who had Polycystic Kidney's. He had a number of transplants, but sadly died at 54 years old. Many years later it was discovered my mum had the same disease.

If the disease runs in your family, siblings are tested to see if the disease has passed down a generation. If diagnosed you meet consultants regularly – most of the time just to catch up. Dr John Bradley has been known to my family for many years and has always been very supportive, helping us come to terms with anything it throws at us.

Mum's kidneys' finally reduced to a low working level and she started on dialysis. It wasn't easy, but like most people she soldiered on. After just over a year she had a call from Addenbrooke's and received a new Kidney. The transformation was almost as if a switch had been pressed... she had her life back. She travelled, she

partied, she lived life as if it was a gift again... she had a wonderful 12 years.

I am happy to report that having received a Kidney transplant in July 2014, all is good. Although, my heart still goes out to the family of the young man who passed in such tragic circumstances. I admire their courage and strength to help other people when they were mourning their great loss."

David also mentioned his fond, almost overwhelming memories of the Transplant Memorial services held annually at Ely Cathedral. These are about remembrance, celebration and mourning, with people coming from all sides of the story: families who have lost someone who was able to gift an organ: families who have received a transplant: doctors and nurses.

Our thanks to David for all his fundraising and touching family story.

The **2017 Transplant Memorial Service** will take place on Sunday 7th May at 2.00pm in Ely Cathedral: All Welcome. Contact Ely Cathedral: <http://www.elycathedral.org/contact-us> or **01353 667735** for more details.

For more information about Polycystic Kidney Disease go to <http://pkdcharity.org.uk/>.

Dialysis Exercise Project Update

The dialysis exercise project at Cambridge Dialysis Centre has been put on hold due to problems recruiting physiotherapist staff. AKPA along with staff and patients are very keen to continue the project following its initial success, with marked improvements in patient fitness and activity levels.

Negotiations are continuing with the hospital and various funding bodies

including ACT and BKPA, with the aim of obtaining support for the project through five years, and eventually establishing exercise on dialysis as part of the National Service Framework.

The AKPA committee are keen to support dialysis exercise and hope it will be able to restart in the near future.

Handmade Quilts for Dialysis Centre

Keeping warm in style – The Barton Mills Quilting Group have donated beautifully handmade quilts for the use of patients whilst on dialysis. The group also make quilts for the neonatal unit but when they heard dialysis patients sometimes need extra warmth they began producing slightly bigger quilts for them.



Are You a Member or Friend of AKPA?

To join or receive more information about AKPA please complete the form below and return to **AKPA, 46 Cherry Hinton Road, Cambridge CB1 7AA.**

Name _____

Address _____

Telephone _____

- Join AKPA
 Please send information

Subscriptions are **optional**, the suggested amounts are £2 single or £3 family. They are used to pay for NKF membership, and printing *Newsflash*. We are very grateful if you can help us to cover these costs.

Benefits of membership are:

- NKF membership, which includes:
 - *Kidney Life Magazine*
 - Access to NKF helpline
 - NKF Conference

Plus eligibility for:

- AKPA holiday and welfare assistance
- Sponsorship for Transplant Games
- Sponsorship for NKF Conference
- *Newsflash*

Internet Fundraisers

Thanks to all the people who have raised money through the **JustGiving** and **Charities Trust** web sites. Sorry that we don't have details of all internet fundraisers. If you let us know by writing or emailing we would be very pleased to publicise your fundraising efforts.

Thank you all.

Help Us Raise More – Fundraise on *JustGiving*

You can set up your own *JustGiving* fundraising page to say what you are doing and why you are raising money. The *JustGiving* Team will give you all you need to reach your sponsors and will also collect Gift Aid for us. Donations are secure and spam free. They won't sell or share your details or try to sell you anything. Please visit www.justgiving.com/akpa



NKF Helpline

Tel. 0845 601 02 09

E-mail: helpline@kidney.org.uk

Website: www.kidney.org.uk

Help Addenbrooke's Kidney Patients
when you shop on-line.

Visit:

www.akpa.org.uk/easyfundraising
for more information.

AKPA Christmas Raffle 2016

Our thanks to Sarah Rook for organising another very successful raffle that raised £1,256 for AKPA. The winning tickets were drawn at the Cambridge Dialysis Centre on 7th of December 2016.

Our thanks to everyone who generously donated vouchers and cash for prizes. Also to everyone who bought and sold tickets.

The raffle is a very important fundraising event and gives our supporters the chance to win substantial prizes during the festive season.

List of Prize Winners

1. £300 S. Tigue, West Wynch, Kings Lynn
2. £150 D. Mann, Cambridge
3. £100 Bev Wilson
4. £50 Voucher T. Colbrook, Gamlingay
5. £25 Voucher G. Chennery, March
6. £25 Voucher R.W. Dennis, Gamlingay
7. £20 Voucher G. Francis, Henlow
8. £10 Voucher L. Fawcett, Roydon
9. £10 Voucher James Booth, Kings Lynn
10. £10 Voucher Linwood, Peterborough
11. £10 Voucher R. Gwilliam, Bury St Edmunds
12. £10 Voucher B. Barrass, Bury St Edmunds
13. £10 Voucher D. Gwilliam, Hessel, Bury St Edmunds
14. £10 Voucher J. Sturgeon, South Willingham, Market Rason
15. £10 Voucher Hope Hargist, Glemsford
16. £10 Voucher Rees, Bedford

200 Club – Winners

JANUARY 2017

First prize £88 • Mr A Thompson

Second prize £52 • Helen Ingram

Third prize £35 • Mrs C Barras

MARCH 2017

First prize £88 • Mike Ruggieri

Second prize £52 • Margaret Dunmore

Third prize £35 • Mrs Kathleen Piper

Thank you to all 200 Club Members for another year of valuable support.

200 Club Joining and Renewals 2017

The new year of 200 Club draws will start in May. For a chance to win three large cash prizes every two months please see enclosed 200 Club Membership form.

For more information contact Janet Man:

Tel: 01223 660312 • Email: fundraising@akpa.org.uk



AKPA needs volunteers to help with fundraising.

Please can you help?

Contact: Janet Man

Telephone: 01223 660312 • Email: fundraising@akpa.org.uk

Our website address is:

www.akpa.org.uk

- It contains a large amount of information about AKPA and many other topics of importance to renal patients.

You can e-mail us at:

info@akpa.org.uk

- For general enquiries to AKPA.
- To submit letters, articles and photos for publication in *Newsflash*

fundraising@akpa.org.uk

- For help with your fundraising event or to have an AKPA sponsor form sent to you.

webmaster@akpa.org.uk

- For suggestions, comments or requests for the website. Remember we are happy to advertise your fundraising event if you can supply us with a photo.

Postal Address:

AKPA, 48 Montague Road,
Cambridge CB4 1BX

Newsflash **Contributions**

We would love to hear from you, letters and articles for publication in *Newsflash* are always welcome. Send them to the editor: Brian Wood, address, phone see Committee Members list.

Renal Diet Information

If you have any questions regarding your diet please contact the relevant dietician. Here's a who's who of the dieticians in our area:

■ **Addenbrooke's – Cambridge**

Elaine Corden – covers CAPD.

Clare Parslow – covers ward C5,

haemodialysis, Hinchingsbrooke dialysis, low clearance clinic.

Alice Lunt – wards G5/F5, renal transplant, home haemodialysis.

We can be contacted on 01223 216655.

■ **Queen Elizabeth Hospital – Kings Lynn**

Hannah Gilbert – Contact on 01553 613861.

■ **West Suffolk Hospital – Bury St Edmunds**

Sara Ennew – Contact on 01284 712920

AKPA Patient Representatives

Local contacts for information about AKPA, also AKPA Christmas cards and raffle:

Addenbrooke's Dialysis Centre – Suzi Turton

Kings Lynn – Colin Gant

E-mail: colin@gant5366.freemove.co.uk Telephone: 01553 828600

West Suffolk Hospital, Bury St Edmunds – John Smitherman

E-mail: j.smitherman110@tiscali.co.uk

AKPA Committee Members 2017

Andrew Collins

Assistant Treasurer

Richard Jarvis

Website

Hannah Alexander

*Minutes & Membership
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Peter Constable

Chairman

Janet Man

Fundraising

Ralph Slattery

NKF Rep.

Scott Devereux

Mike Ruggieri

Collecting Tins

Brian Wood

*Treasurer & Newsflash
Editor*

Angela Green

Staff Representative

Angela Green

Coordinator

Nicky Moncrieff

Staff Representative

Martin Harmor

Fundraising

Sarah Rook

Raffle Organiser



March 2017